



## RHE Policy

\*For the full policy, please see SUAT RSE Policy

### Aims

- The intention of the RHE curriculum at John Wheeldon is to ensure that:  
There is a broad and carefully considered PSHE curriculum to prepare children for future challenges they are likely to face.
- The RHE curriculum reflects the statutory changes that became compulsory from September 2020.
- PSHE and RHE teaching directly improves physical health, emotional well-being and safeguarding.
- Children are equipped with the knowledge and skills to deal with difficult situations and make positive choices.
- Children develop positive and inclusive attitudes towards everyone including those with protected characteristics under the Equality Act 2010.

### Support

- An effective and purposeful RHE curriculum requires the support from the whole school community, therefore the following roles and responsibilities have been fulfilled.
- Mrs Clarke, Principal, oversees the development and delivery of RSHE within the academy including supporting the subject leader.
- Miss Jehan, PSHE subject lead, is responsible for leading and developing RSHE across the school.
- Teaching staff are required to teach RHE using the agreed academy curriculum.
- Training and support for all staff is facilitated through the subject leader and the Principal.
- All staff including support staff are responsible for knowing and implementing the policy relating to PSHE/RHE
- Parents liaison and support is directly through the class teachers and the subject leader
- The development and delivery of RHE is shared with the Local Academy Council through the Principle and subject leader.

### Curriculum Content.

At John Wheeldon Primary Academy we believe that best practise is when RHE is taught as part of the PSHE Education and is taught within a wider context.

The academy follows the PSHE association programme of study questions-based approach (a link to this can be found on the academy website) from the start of Key Stage 1 through to the end of Key of Stage 2. This document has been adapted to suit the needs of the school,

to link to our PROUD Values (Perseverance, Respect, Outstanding, Unique and Dynamic) and school rules (Ready, Reflective and PROUD). PSHE also flows through all other curriculum areas and areas of school life.

#### Teaching and Learning:

At John Wheeldon we follow the PSHE Association programme of study and staff use a range of teaching styles to meet the requirements of the curriculum and the needs of the children. We follow the questions-based approach and each class has a display with this term/half-term's question on it. PSHE is taught weekly as a stand-alone subject by both teaching staff and teaching assistants. Learning takes place in a variety of ways including through discussions, investigations and problem-solving activities. The children's learning is evidenced within whole class floor books, in a variety of ways and discussion based lessons are also recorded. Assemblies also link to areas of the PSHE Curriculum. Circle time activities will be used to encourage: the participation of individuals as part of a large group; respect for everyone's views; the development of speaking and listening skills and sharing ideas with a whole group. Within lessons clear ground rules are established and referred to at the start of each session. Staff will deal with all questions expected and unexpected sensitively and address misconceptions.

The whole school behaviour policy also aims to ensure that all members of the school community treat each other with respect. The School Council gives an opportunity for children to contribute and discuss their ideas and viewpoints on issues that concern the whole school. Special activities for example residential trips (where pupils have the opportunity to work together in a different context) and visiting speakers are also used to enhance the PSHE curriculum such as the School Nurse, NSPCC or PCSO's. These visits are however in addition to not instead of planned PSHE sessions. Other curriculum areas also contribute to the teaching of PSHE most significantly Science, Physical Education, ICT and R.E.

#### Relationships Education and the Right to Withdraw

Under the new Relationships and Health Framework Relationships Education is statutory and parents do not have a right to withdraw their child from the sessions. Parents do have a right to withdraw their child from any sex education sessions which fall outside of the statutory science curriculum.

## Sex Education

The parts of the curriculum relating to sex education are outline below.

- Understanding and knowing the correct names for the body parts including the reproductive system
- Understanding and knowing the changes the body will go through as they enter puberty

These are statutory parts of the Relationships and Health Education Curriculum and as such parents have no right to withdraw their child from these sessions.

Within RHE at John Wheeldon Primary Academy we will also aim to

- Prepare children as they develop and become adults
- Provide accurate, age-appropriate information to all children

## Assessment for Learning:

Staff at John Wheeldon assess the children's work in RHE through formative assessments, as they observe and listen to the children during lessons, and through pre and post assessments at the start and end of each unit, using the key question.

## Monitoring

RHE will be monitored by the subject leader as part of the wider PSHE curriculum and overseen by the Headteacher in line with other subjects in the Academy. Monitoring will be proportionate to the need and feedback will be given to the necessary stakeholders in a timely and appropriate manner.

This could include:

- Planning trawls,
- Lesson observations
- Learning Walks
- Floor book trawl
- Staff, pupil and/or parent voice