

JOHN WHEELDON PRIMARY ACADEMY

P.E. OVERVIEW

	AUTUMN TERM	SPRING TERM	SUMMER TERM
EYFS	Chuckle Scheme	Chuckle Scheme	Sports Xplorers <u>ENRICHMENT DAY</u> Balancebilty
YEAR 1	Dance Playground/Chasing games Yoga	Introduction totarget games Parachute games and teambuilding <u>ENRICHMENT DAY</u> Positive play and games	Gymnastics Skipping games Running, jumping and throwing skills
	AUTUMN TERM	SPRING TERM	SUMMER TERM
YEAR 2	Dance Gymnastics Parachute games and orienteering	Dance Gymnastics Multi skills and games Yoga	Trigolf Bat and ball skills Athletics <u>ENRICHMENT DAY</u> Hands on Hula Hooping

	AUTUMN TERM	SPRING TERM	SUMMER TERM
YEAR 3	Dance Invasion games Team Building and OAA	Gymnastics Tennis/badminton/volleyball skills <u>ENRICHMENT DAY</u> The Game of Colours challenge day	Dance Athletics Striking and fielding
	AUTUMN TERM	SPRING TERM	SUMMER TERM
YEAR 4	Dance Invasion games Gymnastics OAA including / archery	Dance Gymnastics Invasion games <u>ENRICHMENT DAY</u> Cheerleading	Volleyball Striking and fielding Athletics
	AUTUMN TERM	SPRING TERM	SUMMER TERM
YEAR 5	Swimming Gymnastics Sportshall / Athletics/cross country	Swimming Dance Gymnastics <u>ENRICHMENT DAY</u> Quidditch tournament	Invasion Games Athletics/cross country

	AUTUMN TERM	SPRING TERM	SUMMER TERM
YEAR 6	Dance Gymnastics Orienteering Sportshall/ Athletics/cross country <u>ENRICHMENT DAY</u> WW2 themed tea dance	Gymnastics Invasion games Paralympic activities inc seated volleyball	Dance Invasion Games Striking and fielding



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