



PE, School Sport and Extra Curricular Newsletter

End of
Spring Term

Sports Leader's Competition

During school football week, our fantastic Sports Leaders hosted a keepy up competition to celebrate School's Football Week.



PE Kit Reminder



PE Kit Reminder

PE is a statutory part of the curriculum and children are entitled to 2 hours of PE each week. We request that children come to school in the appropriate PE according to our policy. Forgetting PE kits or wearing unsuitable clothing can have a detrimental effect on their learning as it may be that children cannot participate without the correct clothing.



Our uniform policy states the following kit for PE days:

For indoor PE:

- A purple t-shirt
- A pair of black shorts
- A pair of suitable trainers (not sneakers or plimsolls)

For outdoor PE, children may wear a pair of black jogging bottoms and a black hooded top.

- We ask that earrings are NOT worn in PE.



Year 5 Quidditch

Year 5 had an exciting experience of trying out the game of Quidditch, linking to their Harry Potter mini topic!





Easter Yoga Cards

Lie on your tummy then bend your knees and reach your hands back to hold your ankles. Now you are shaped like an Easter basket. Breathe out slowly.



This is called
Bow Pose.

Easter Yoga Cards

Starting in a standing position (mountain pose). Bend your legs and lift your arms to the ceiling like bunny ears. Make sure your palms are facing each other. Breathe out slowly.



This is called
Chair Pose.

Easter Yoga Cards

Lie on your back and lift your knees to your chest so that you are curled like an egg. Straighten your legs upwards from the knees and hold your feet with your hands. Breathe out slowly.



This is called
Happy Baby Pose

Easter Yoga Cards

Squat down with your knees apart. Place your palms together and bend your arms out to the side like a chick's wings. Breathe out slowly. Can you carefully waddle and chirp like a chick?



This is called
Squat Pose

Easter Yoga Cards

Sit on your bottom with your back straight and tall. Bend your legs so that they look like petals and place the bottoms of your feet together. Hold your feet with your hands and slowly breathe out.



This is called
Butterfly Pose.



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KS1 Summer Term Clubs

**Reading
Club**

Reading Club
Miss Robertson



Chess Club
Mr Sutton



Military Club
Mrs Clarke



Arts & Crafts Club
Mrs Whitehurst



Cosmic Yoga
(EYFS ONLY)
Mrs Rigby

Year 3/4 Summer Term Clubs



Eco Club
Eco-Club
Ms Flynn



Computer Club
Mr Edensor



Military Club
Mrs Clarke



Archery Club
Mrs Gardiner



Choir
Miss Stephens/
Mrs Hall

Year 5/6 Summer Term Clubs



Library Club
Mrs Adams



Rounders Club
Miss Robertson



Military Club
Mrs Clarke



ROTA Kids
Miss Simmons



Cricket Club
Mrs Firth



Choir
Miss Stephens/
Mrs Hall

Upcoming Summer Clubs!